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*Living a life that matters.*

The Shepherd's Center is pleased to be a partner in Digital Inclusion funding with Trinity Community Church. Our goal is to offer basic computer skills to populations that may have difficulty accessing technology, including people who speak a language other than English as their 'first' language, as well as older adults. Our first class sessions are set, and we will begin by presenting a 4-session class in Spanish:

### Clases de Computación GRATIS Para Principiantes

El curso tiene una duración de 4 semanas. Las clases serán dictadas una vez por semana los días martes en La Iglesia Presbiteriana Grandview Park, 1613 Wilson Blvd. KCK, 66102.

Durante las clases aprenderán:

**\*\*Conceptos básicos de computación \*\*Aprendizaje básico del internet**

**\*\*Como abrir una cuenta de correo electrónico \*\*Entendimiento básico de las redes sociales**

Tenemos cupos Limitados... Apresúrese!

6:30pm- Cena Gratis 7- 8:30pm – Clase

Los Días de las clases son: Martes, 18 de Febrero Martes, 25 de Febrero

Martes, 4 de Marzo Martes, 11 de Marzo



An Affiliate of Shepherd's Centers of America

# The Shepherd's Voice

A monthly newsletter of the Shepherd's Center of Kansas City, KS

February 2014

## Adventures in Learning – all are welcome!

A free program of the Shepherd's Center held on the third Friday of every month at Grace Lutheran Church, 3333 Wood Avenue, Kansas City, KS.

### Schedule for Friday, February 21, 2014

9:00-10:00 a.m. Health Screenings & Fellowship  
Blood sugar and blood pressure checks provided by Delores Homes, LLC (no cost)

Choose from:

10:00-11:00 a.m. Issues Forum  
Murrel Bland – View from Western Wyandotte County

10:00-11:00 a.m. Travelogue  
Ed Shutt – Tour of the White House (this video will take more than one hour, and will continue at 11am instead of the History presentation)

11:00 a.m.-noon Health  
Dr. Duane Lundervold – research project with older adults

Noon Lunch  
\$4 or Bring Your Own (call 281-8908 to make a reservation)  
Menu: meatball sub, Italian vegetables, salad (Italian dressing), tropical fruit mix, cookie

12:30 p.m. Program  
Presiding: Ken Nettling

Invocation: Ken Nettling

Program: Mang Sonna,  
Executive Director at Bethel  
Neighborhood Center



Adventures in Learning



Shepherd's Center of Kansas City, Kansas

Set up will take place from  
8am to noon on Tuesday, Mar. 11

Sale Dates: Wednesday and Thursday, Mar. 12-13 at the Conference Center at KCKCC, 7250 State Avenue.

If you have items to donate, or would like to sign up for a few hours to work the sale, please call the office at 913-281-8908.

Shepherd's Center of Kansas City, Kansas presents a

### Biscuits & Gravy Fundraiser



Saturday, February 22, 2014  
8am to 11am

KCKCC  
Conference Center, by the Duck Pond  
7250 State Ave.  
Kansas City, KS

Includes 2 biscuits with gravy,  
hash brown patty, sausage links,  
juice & coffee for \$8.00

Extra biscuit w/gravy \$1.00

The Shepherd's Center of Kansas City, Kansas is an interfaith, multicultural nonprofit organization that promotes and supports successful aging. Shepherd's Center provides 15 services that reach more than 1200 people in Wyandotte County, focusing on health enrichment, education and home services.

Questions, call 913-281-8908.





## Shepherd's Center Calendar of Events WHEW! We are busy!

### February

**Mon., Feb. 10** - Parkinson Exercise Group; 11 a.m. at Trinity Community Church; Parkinson Support Group immediately after exercise class

**Wed., Feb. 12** - Prayer Shawl Ministries; 1:30-3:30 p.m. at Trinity Community Church

**Fri., Feb 14** - Congregational Council; 2 p.m. at University United Methodist

**Mon., Feb. 17** - Parkinson Exercise Group; 11 a.m. at Trinity Community Church

**Tues., Feb. 18** - Free Computer Class series begins (in Spanish!) -

**Fri., Feb. 21** - Adventures in Learning; 9 a.m.-1:30 p.m. at Grace Lutheran, 3333 Wood Avenue

**Sat., Feb. 22** - Biscuit and Gravy breakfast; 8am - 11am at the conference center (by the pond), KCKCC 7250 State Ave.

**Mon., Feb. 24** - Parkinson Exercise Group; 11 a.m. at Trinity Community Church

**Mon., Feb. 24** - Shepherd's Center of KCK Board Meeting; 11:30 a.m. at University United Methodist Church

## Talk Book Series Dates



Volunteer coordinator: Jean Brown  
Books and sign-up will be available at Adventures in Learning and here in the office (\$10 fee to participate). All discussions will be held the first Wednesday of the month March through June, from 1:00-3:00 p.m. at Trinity Community Church, 5010 Parallel.

March 5 - Alan Lubert will discuss The Secret Life of Bees by Sue Monk Kidd

April 2 - Trish Reeves will lead The Kite Runner by Khaled Hosseini

May 7 - Sister Rosie Kolich will lead My Last Days of Roy Rogers by Pat Cunningham

June 4 - Judith Richards will lead The Curious Incident of the Dog in the Night by Mark Haddon

### MORE CREATIVE CLASSES!

**Plastic Canvas**, taught by Betty Lloyd, will begin on **Tuesday, Mar. 4** and run through April 8; 10 a.m.-noon at University United Methodist.

**Knit One, Purl Too**, taught by Joan Daniels, will begin on Saturday, March 1 and will meet March 8, March 29 and one additional date to be announced; 10am to noon at the West Wyandotte Library

**Quilting**, taught by Geraldine Strader, will begin on Wednesday, March 5 and run 8 straight weeks, through April 23; 10 am to noon at Trinity Community Church.

**Scrapbook and Card Making Class**, taught by Nancy Kurtz will begin on Thursday, March 13 and run 5 sessions, every other Thursday (March 13, 27, April 10, 24 and May 8) from 9am to noon at Nancy's home, 2208 N. 43<sup>rd</sup> Terr. This class would be fun for learning to organize pictures and mementos into scrapbooks.



A Clergy and Sponsoring Congregation Appreciation Luncheon will be held on **Tuesday, Apr. 22** at 11:30 a.m. at the West Wyandotte Library.



This month the focus is on Exploring Jobs Courses, which are four, online classes that the Next Chapter KC program offers in cooperation with Kansas City Kansas Community College. The courses are designed for persons exploring paid work in a range of employment settings. They are appropriate for adults of any age, including persons ages 50 and older who have left their primary career and are considering a new job or career experience that makes a social impact (also known as an Encore Career). The courses are offered over an eight-week period, and students work at their own pace.

The courses provide an overview of four career fields, including Exploring Green Jobs, Exploring Jobs in Caregiving, Exploring Jobs in Community Engagement, and Exploring Jobs in Education. The dates for the Spring 2014 Term are March 3 - April 25, and because of the self-directed nature of the classes, enrollments will be accepted through April 4. The cost is \$50 per course. To view the course descriptions and/ or to enroll, go to the KCK Community College website at [www.kckcc.edu](http://www.kckcc.edu) and click on Continuing Education/ then Continuing Education Schedule/ and then Career Exploration. Please feel free to contact me with questions at [karenh@sckck.org](mailto:karenh@sckck.org) or at (913) 281-8908. Also, feel free to tell family members, neighbors, church members and friends about this special opportunity!

- Karen Hostetler, Next Chapter Kansas City Director.

## A Message from our Board Chair...

As the newly elected board chair for the Shepherd's Center of KCK, I am honored to be a part of this much needed in the community and very busy organization. With Melissa Bynum as the Executive Director, we are sure to see an impact made and lives touched through the various programs offered. My introduction to the Shepherd's Center came through the Minor Home Repairs. As an electrical contractor, I enjoy being able to help our aging population maintain independence in their own home by assisting with repairs to unsafe conditions. I have witnessed a community joining together to tackle a project that was larger than any one organization could take on. I have been the recipient of hugs from grateful home owners.

After becoming involved in small repair projects, I learned of Adventures in Learning where I met volunteers who have dedicated 20 years or more to the mission of promoting and supporting successful aging. These volunteers are truly the heart and soul of the Shepherd's Center. The connections made and opportunities to serve one another add a significant sense of purpose and joy to the lives of those involved. To all who lead creative classes and support groups, make prayer shawls, participate in book discussions, share your knowledge of history, make calls to check on friends, fix broken faucets or door latches... Thank you! It is your faithfulness and commitment that keeps us going.

I am excited about the new opportunities for those desiring to learn the basics of using the internet. Several classes are being scheduled. Many have expressed that this is a need. The next biscuits and gravy breakfast is coming up quickly on February 22nd. If your New Year's resolution was to get that garage or basement cleaned out, don't hesitate. Our annual Book and Bric A Brac sale is scheduled for March. Drop off on the 11th, sale on 12th-13th.

Without a doubt, this is a great time to get involved. I am so glad I did and hope you will too!

— Sandy Scubelek

