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Living a life that matters.



The
Shepherd's Voice
August 2013

A monthly newsletter of the Shepherd's Center of Kansas City, KS



Adventures in Learning

A free program of the Shepherd's Center held the third Friday of every month at **Grace Lutheran Church, 3333 Wood Ave, KCK.**

Everyone is welcome. You may drop in for one workshop or stay for the entire day.

The Adventures in Learning Schedule for Friday, August 16, 2013 is as follows:

9:00—10:00 a.m. Health Screenings (no cost)

Blood sugar and blood pressure checks provided by Retired health professionals.

9:00—10:00 Registration and Fellowship

Refreshments available while you meet & greet.

Change of Pace Month - 'In the Good Old Summertime'

10:00 a.m. - Noon

Musical entertainment - including our "Singing Sheriff" Don Ash, and outstanding vocalist Gabriel Harris

12:00 Noon: Lunch - Potluck

Menu: Hotdog Cook-out lunch provided. Please bring a side dish to share for our potluck meal.

12:45 p.m. Program

Presiding: Mary Hunt
Invocation: Pastor Ken Nettling
Program: Music! Music! Music!

Join us for Adventures in Learning.

Meet a friend, make a friend!

Joe Info - our coffee and conversation series, presents **CIVILITY TRAINING** Involve people to bring out the best in them! Presented by Jennifer Wilding, Consensus

Saturday, August 24
Trinity Community Church,
5010 Parallel, KCKS
Registration at 8am
Session begins promptly at 8:30 and ends at 12:30.

There is a \$5 fee to participate and space is limited so RSVP today, to Diane or Emily at the United Way: 913-371-3674



Top three announcements from the Shepherd's Center

Make sure to attend our August "Change of Pace" month where we celebrate the summer by grilling hotdogs for lunch! Hotdogs, buns and condiments are generously supplied by the Adventures in Learning committee. Please feel welcome to bring chips, veggies, fruits, or desserts to share.

Please note that the **Prayer Shawl Ministries** will not be meeting over the summer. The next meeting will be held on Wednesday, September 11, 2013.

Creative Classes schedule now available! See inside for details.

Shepherd's Center Groups

You are invited to join any of these groups, and please feel free to share this information if you know someone else who may benefit. There is no cost.

Parkinson Support Group - Individuals with Parkinson's disease and their caregivers are welcome to attend. New members welcome. Upcoming meetings are Mondays, September 9 and October 14. Meets each 2nd Monday after Exercise Class at Trinity United Methodist Church, 5010 Parallel, KCK. You may bring a brown-bag lunch. For further information, please contact the Shepherd's Center at 913-281-8908 or Diane Lee at (913) 432-4321 or dianelee@att.net.

Parkinson Exercise Class - Class meets every Monday at 11 a.m., Trinity Community Church. (We were saddened to hear of the passing of Chester Claiborn, a long time Parkinson's exercise class supporter. Our thoughts are with Chester's family at this time)

Prayer Shawl Ministries - Please note that the Prayer Shawl group will not be meeting over the summer. The next group meeting will be held in September. Led by Joan Daniels and Betty Lloyd, meetings are held the second Wednesday of every month, 1:30 p.m. at Trinity Community Church, 5010 Parallel, KCK. Shawls are donated to Providence Hospital chaplains, who then distribute the shawls where they see the need. Prayer Shawls truly make a difference in the lives of those who receive one. Please call the Shepherd's Center for more information.

For more information regarding Shepherd's Center programs and services, call the office at (913) 281-8908 or visit our website at www.shepherdscenterkck.org.



Creative Classes Fall Schedule, 2013

- 1) **Crochet for All**, Instructors: Betty Lloyd and Elvira Wortheam
Dates: Sept. 10 - Oct. 15 (6 weeks); Tuesdays, 10 - noon
Location: University United Methodist Church, 3148 Parallel, KCK.
Cost is \$10 plus supplies* (we will make a Curly Q neck scarf)
- 2) **Hand Quilting** for beginner and intermediate quilters, Instructed by Geraldine Strader.
Dates: Sept. 4 – Oct. 23 (8 weeks) Held Wednesdays, 10 - noon.
Location: Trinity Community Church, 5010 Parallel, KCK.
Cost is \$15 plus supplies*.
- 3) **Knit One Purl Two**, Instructed by Joan Daniels.
Dates are Oct. 12, & 26, Nov 2 & 16; Saturdays, 10 - noon.
Location: West Wyandotte Library “small room,” 1737 N 82nd, KCK. Cost is \$10 plus supplies*.
- 4) **Prayer Shawl Ministries**, Instructed by Joan Daniels and Betty Lloyd.
Dates: Ongoing. Held the 2nd Wed of every month -restarts Wed., Sept. 11 at 1:30pm
Location: Trinity Community Church, 5010 Parallel, KCK. No cost.
- 5) **TALK Books** – The topic for book discussion series this fall series is “Literature with Kansas Connections,” coordinated by Jean

Brown. All meetings are held at Trinity Community Church, 5010 Parallel Pkwy, Kansas City, KS from 1:00 until 3:00 pm. Cost is \$10. **Books are included (loaned).** Books are as follows:

Wednesday, September 4, 2013

One Soldier's Story by Bob Dole; book discussion led by Sister Rosemary Kolich, an assistant professor of English at the University of Saint Mary.

Wednesday, October 2, 2013

The Center of Everything by Laura Moriarty; book discussion led by Marilyn E. Klaus, a lecturer with Religious Studies and African and African American Studies at KU.

Wednesday, November 6, 2013

The Slow Air of Ewan MacPherson by Thomas Fox Averill; book discussion led by Sandra Calvin Hastings, a professor at Johnson County Community College where she teaches literature and writing.

6) Paper Crafting Class, Instructor: Nancy Kurtz

Dates: Sept. 26, Oct. 10 & 24, Nov. 7 & 24. Held every other Thursday, 9 – noon.

Location: Home of Nancy Kurtz – 2208 N 43rd Ter, KCK. Cost is \$15

- 7) **Plastic Canvas for All**, Instructors: Betty Lloyd and Elvira Wortheam
Dates: Oct. 22 – Nov. 26 (6 weeks); Held Tuesday, 10 – noon
Location: University United Methodist Church, 3148 Parallel, KCK; Cost is \$10 plus supplies* (we will make a Christmas Lantern)
* **You will be notified ahead of time as to supplies needed.**
Register for any or all of our Creative Classes by calling the Shepherd’s Center office at 913-281-8908. Fees are payable to Shepherd’s Center of KCK at the first class session. Join the fun!

SAVE THE DATE!

Our next Biscuit and Gravy fundraiser breakfast is set for

Saturday, September 14

Manor Place Senior Living

6016 Leavenworth Road, KCKS.

8am to 11am

Cost is \$8.00/ \$6.00 for Manor Place residents

You don’t want to miss our famous B & G cooked by our own Shepherd’s Center chefs!

This newsletter is available online and via email. Please visit www.sckck.org to subscribe. Also, join us on Facebook!



Linda Siemens

Message from the Executive Director

It was with much sadness and excitement that I announced my resignation as executive director of the Shepherd’s Center of Kansas City, Kansas. It has been a great five years filled with many fulfilling experiences. (Six years, if you include my practicum year!) I was certainly not anticipating leaving, but somehow a position made it across my desk that I could not ignore.

As of July 29, 2013, I will be working as Director of Compliance with Communities in Schools in Lawrence, Kansas. I will truly miss everyone I worked with in KCK... our board, volunteers, partners, and all the friends I made along the way (although the lines between those are definitely blurred). However, I do expect to be by regularly, as I understand that Communities in Schools has two sites in KCK!

Melissa Bynum has graciously offered to serve as Interim Executive Director until someone new is found for the position. Melissa has had a full and comprehensive history with the Shepherd’s Center starting as a board member, then President, Vice President, Program Director, and now Interim Executive Director. Very soon she will have filled every role the agency has to offer!

Thank you to all who supported me in my work with the Shepherd’s Center. I hope you will continue to support the Shepherd’s Center in tackling some of the issues faced by the older adults in the community. I certainly will.

- Linda Siemens

Message from the Board President

It is with mixed feelings that we accepted Linda Siemens’ letter of resignation informing us of her departure on July 26. The departure of an excellent employee is always a bittersweet event. We appreciate all she has done on behalf of the Shepherd’s Center and will miss her very much. We have enjoyed working with her and have come to depend on her competent assistance. Her contributions to the Shepherd’s Center were superlative. We wish her continued success in her new job.

Good directors are hard to find, so the board has put together a search committee to help fill the position. However we are so fortunate that Melissa Bynum has graciously offered to serve as Interim Executive Director. Melissa is no stranger to Shepherd’s Center and as past president worked extremely hard to tackle issues that we faced. We are also grateful to Peter W. Zevenbergen Jr., CEO of Wyandot Inc. who offered to allow Melissa to spend more time with Shepherd’s Center until the position is filled. Pete has always been a great supporter of the Shepherd’s Center and is dedicated to helping improve the quality of life for individuals and families, and for Wyandotte County as a whole.

As always I thank you for your support and trust that it will continue as we welcome and work with Melissa Bynum.

- Carol Levers



Carol Levers